

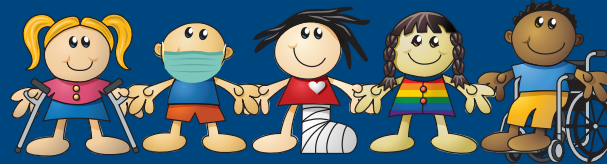
## Meet Dr. Katlyn Rice



**Katlyn Rice, PhD**

Pediatric Psychologist

Dr. Rice is our Pediatric Psychologist working with your child's Hematologist/Oncologist. She specializes in working with children, teens and young adults (under 21) with medical conditions. Dr. Rice's role on our team is to support you and your family and help ease some of the stress of managing medical conditions. She works with you to identify and achieve measurable treatment goals and is able to meet with you right where you attend your outpatient medical visits, either in person or virtually.



## Contact Us

Pediatric Behavioral Health & Wellness in  
Pediatric Hematology & Oncology (Outpatient)

**Golisano Children's Hospital**

601 Elmwood Avenue, 6<sup>th</sup> Floor  
Rochester, NY 14642

**Appointments: (585) 275-2981**

Behavioral Health & Wellness  
Crisis Call Line: (585) 275-8686

Part of Strong Memorial Hospital.



Pediatric Behavioral Health & Wellness in  
**Pediatric Hematology  
& Oncology**



## About Pediatric Psychology Services

Having a chronic or serious illness comes with unique challenges that can cause anyone to feel stressed. Access to mental health support right in the medical clinic can help reduce some of this stress and better support our families. It can also:

- Reduce barriers to mental health care
- Improve collaboration of care
- Reduce mental health stigma
- Increase medical effectiveness through whole-person care (biopsychosocial model).



## What Does a Pediatric Psychologist Do?

- Works with your Hematologist or Oncologist as part of the treatment team
- Conducts brief screenings for mental health symptoms and evaluates the impact they may have on overall health
- Provides individual or family therapy for patients as well as parenting support
- Offers treatment strategies to minimize mental health symptoms
- Clarifies mental health concerns and diagnoses, provides diagnostic feedback and offers treatment recommendations
- Assists in coordinating care with other health systems and medical teams
- Connects children and their parents to mental health support networks in the community as needed

## How Can a Pediatric Psychologist Help?

Pediatric Psychologists are trained to help families of children, teens and young adults:

- Adjust to medical conditions and associated stress
- Manage chronic health conditions and pain levels (non-pharmacologic)
- Follow treatment recommendations
- Cope with anxiety, depression, trauma and/or sleep difficulties
- Manage parenting stressors and learn helpful strategies
- Assist with academic and school concerns like requesting accommodations
- Cope with procedures that may be needed (e.g., blood draws, pill swallowing)

## How Do I Access Services?

To meet with Dr. Rice, patients, their parents, or their guardians should talk with their oncology or hematology physician, nurse practitioner (NP), or physician assistant (PA). Patients under the age of 18 must have a parent or guardian with them at each visit.

Dr. Rice may also join your visit with your medical provider, meet with you following your appointment or your doctor may ask you to schedule a first visit with Dr. Rice in clinic or virtually at another date and time.