

ASL Suicide Loss Survivor Support Group

Every 1st Sunday of the Month on Zoom
7:00pm - 8:30pm ET ~ 6:00pm - 7:30pm CT
5:00pm - 6:30pm MT ~ 4:00pm - 5:30pm PT
Group starts Sunday, October 6th, 2024

Facilitated by: Mary Karol Matchett, Jeanny Wooten, and Tarra Grammenos

This ASL peer-run support group is a safe and non-judgmental place to explore and discuss the many complex layers in your grief journey after losing a loved one to suicide. The more we tell our story, the less power it has over us. Join us as we share our grief and gain support with others who understand. This group is for adults only.

All facilitators have completed the American Foundation for Suicide Prevention (AFSP)'s Suicide Bereavement Support Group Training. This group will be conducted in ASL only with no English interpreting.

To join: <https://tinyurl.com/DeafSupport>
Questions? Email: TarraGrammenos@gmail.com



Tarra Grammenos



Mary Karol Matchett



Jeanny Wooten