# **URMC Department of Emergency Medicine**

**ALUMNI NEWSLETTER** 

#### Greetings,

Please enjoy the next edition of our alumni newsletter. It is always a pleasure to share our updates with you.

Thank you for your continued support, and please stay in touch.

Sincerely,



#### <u>Ryan Bodkin, MD, MBA, '11M (Res)</u>

Vice Chair of Education, Emergency Medicine Program Director, Emergency Medicine Residency Program Associate Professor, Department of Emergency Medicine University of Rochester Medical Center

**Congratulations to our new chief residents** 





We have selected our new chief residents for the 2024-2025 academic year. Congratulations to Cullan Donnely, MD, Holland Garbacz, DO, and Hannah Norton, DO.

**Class of 2027 match announcement** 



[ View our full list of residents ]

**Track-based education** 

Over the past six years the residency program has completely revamped the didactic education our residents experience. Jason Rotoli, MD, '03, our associate program director, has created an experiential learning program that incorporates short, 15-30 minute high yield lectures, hands on training, simulation, small group case-based learning, and sub-speciality specific track-based training.

Our track-based option for the residents has now grown significantly. We currently offer ten different tracks that the residents can choose from. These include:

- Addiction medicine
- Biopsychosocial emergency medicine
- Critical care
- Education
- Emergency medical services
- Medical toxicology
- Pediatric emergency medicine
- Research
- Ultrasound
- Wilderness medicine

Kristina Awan, MD, (PGY-2) organized an event through the biopsychosocial track in which Erik Connor, MD, taught a cooking and knife skills session to residents as they prepared and served dinner for over 50 people through the Gilda's Club, a cancer support community in Rochester.





# **CORD Academic Assembly 2024**

University of Rochester was well represented at the Council of Residency Directors (CORD) Academic Assembly in New Orleans in March 2024.

- Ryan Bodkin, MD, organized and ran the kickoff day for the CORD Mini Fellowship in Leadership Wellness. The goal of this mini fellowship is to provide emergency medicine residents with the knowledge and skills to effect positive change in the areas of well-being, resilience, and engagement at their own programs and institutions.
- Flavia Nobay, MD, delivered an engaging platform presentation about "A Day as a Dean of Students."
- Julie Pasternack, MD, and Stephen Weiner (MS2) presented on "Creating a flexible and Comprehensive Summer Externship."
- Taylor Ingram, DO, gave a poster presentation on an education innovation done at our last compressive assessment.
- Steven Artim, MD, and Holland Garbacz, DO, were our faculty and resident presenters for the Clinical Case Competition held yearly at CORD.



Holland Garbacz, DO



Steven Artim, MD



Taylor Ingram, DO

Monitoring and mitigation of neurological injuries to optimize resilience after repetitive head impacts (MONITOR RHI)



Jeffrey Bazarian '02M (MPH), '87M (MD), '90M (Res) has secured a grant for a \$5M project, "Monitoring and Mitigation of Neurological Injuries to Optimize Resilience After Repetitive Head Impacts (MONITOR RHI)."

There currently exists no effective method for monitoring brain health in athletes and military personnel exposed to repetitive head impacts (RHIs). Multiple studies have indicated that RHIs may be linked to long-term deterioration in brain health such as cognitive dysfunction, depression, and chronic traumatic encephalopathy (CTE).

The overall goals of this project are to identify repetitive head impacts that impair neurologic functioning, and to test treatments that can mitigate these effects and return functioning to normal as quickly as possible.

This endeavor will involve four individual but complementary research projects to address these goals. These projects reflect the strategic integration of several

research groups that have been working in parallel to develop practical methods for brain injury detection and treatment.

#### Join us

We welcome all alumni to join us for a reception at the Society for Academic Emergency Medicine (SAEM) annual meeting.

Wednesday, May 15, 2024 6:30 – 8:30 p.m. Palma 903 North 2nd St. Phoenix, AZ 85004

To RSVP, please see Evite or email Kristina Burchard at <u>kristina\_burchard@urmc.rochester.edu</u>.



# Explore plans for the new emergency department at Strong Memorial Hospital



The Strong Expansion Project will elevate emergency care at the University of Rochester Medical Center. The new layout will create distinct areas for adult and pediatric care and will include treatment spaces specialized by types of emergencies.

[ Explore the Strong Expansion Project ]

### Contact updates & class notes

Have you had a change in address? Do you have good news to share with your fellow alumni? You can submit your updates below.

Please reach out to Andrea Miglani, MD, at <u>aekta\_miglani@urmc.rochester.edu</u> or Ryan Bodkin, MD, at <u>ryanp\_bodkin@urmc.rochester.edu</u> with any questions or ideas.

[Submit your contact updates]

[ Share a story or photo ]

## **Support the Department of Emergency Medicine**

You can support our mission to improve health through caring, discovery, teaching and learning. Consider a tax-deductible gift to the Dr. Jonathan Markson Resident Education Fund in the Department of Emergency Medicine. Gifts of all amounts play a huge role in creating opportunities for our doctors, researchers, and staff, and for the community to receive the best care possible.

For additional information about giving, please contact Kerrie Merz, Senior Director, Advancement, at (585) 260-4379 or <u>kerrie.merz@rochester.edu</u>.

[ Make a gift ]

