



## URMC Fitness Center Pickleball League Information

**February 3 – 28, 2025 (4 weeks)**

**Cost:** \$12 for UR affiliates (Fitness Center members receive \$4 discount); \$16 for spouses

**Location:** College Town, former Shine Bright/ Breathe space

**Days and times:** Games will be played all weekdays at either 4:30, 5:15 or 6:00 pm. Your registration will tell us the times you are available so we can schedule your games accordingly.

- Regulation size cement court - the court is pretty much the size of the space it is in. There are walls and shelving units just outside the sidelines and there are hanging light fixtures (taken into consideration for “out of bounds”).
- This is a recreational league for various levels – beginners and newbies welcome. We hope everyone is just in it for fun!
- A small amount of instruction on basics will be provided as needed.
- Games will be 45 or 60 minutes in length (tbd).
- Games will be scheduled as 2v2.
- The Fitness Center has paddles to borrow and balls for game play.
- The greater availability of nights and times you have, the better your chance is to play various participants.
- If you know you have a conflict more than one week during February, we ask you register as a sub.
- Complete registration form and email to [fitnesscenter@urmc.rochester.edu](mailto:fitnesscenter@urmc.rochester.edu)
- If you have a person or people you would like to play with, please indicate on reg. form; otherwise leave blank.
- Registration closes Tue 1/28, so that we can create the schedule. Spots are filled in the order received.