**SPINAL CORD INJURY SCOPE OF SERVICES**

**Populations Served**

Spinal cord injury often refers primarily to trauma, but it also includes patients with multiple sclerosis, tumors (either primary or metastatic), herniated intervertebral discs with significant neurologic deficit, spontaneous vascular accidents, and spinal cord compression secondary to osteomyelitis or degenerative changes. Because of the full continuum of services available within this comprehensive system, the many medical sequelae associated with spinal cord injury and disease can also be managed within the system. PM&R unit accepts patients ages 6 years of age and over with spinal cord injuries involving complete /incomplete. Complete c4 or lower above, c4 may be considered if mechanical ventilation is not required. Incomplete SCI at all levels without mechanical ventilation. A pre-admission assessment is conducted on all admissions to determine whether the patient meets admission criteria and whether the patient is able and willing to participate in an intensive rehabilitation program (minimum 5 days per week for 3 hours per day).

**Setting**

31-bed inpatient rehabilitation program, located at:

**Strong Memorial Hospital**

[Acute Inpatient Rehabilitation Unit](https://www.urmc.rochester.edu/physical-medicine-rehabilitation/inpatient-rehabilitation.aspx)

601 Elmwood Avenue, Unit. 5-1200 & 6-1200

**Hours/Days of Service**

24/7 nursing care, therapies 7 days a week from 730am-4 pm.

**Goals**

Build strength, improve function, and build skills needed to complete daily activities; Improve balance, mobility, and safety awareness; Improve speech, cognition, and swallowing; lifestyle changes to reduce modifiable risk factors and secondary complications; Facilitate community inclusion and participation in life roles and interests, Introduce resources for assistive technology, community support, advocacy, aging with disability, wellness, driving, Promote healthy coping and adaptation skills and SCI Support Groups.

**Direct Services Offered**

24-hour Nursing Care, Physical Therapy, Occupational Therapy, Speech Therapy, Recreation Therapy, Orthotics/Prosthetics, Psychology, Diagnostic Imaging, Laboratory, Respiratory Therapy, Pharmacy Services are available 24 hours per day, Nutritional Services, Chaplain, Wound Care, Social Services/Case Management, Activities/wellness, and [All Medical and Surgical specialties](https://www.urmc.rochester.edu/MediaLibraries/URMCMedia/referring-physicians/documents/access-guide.pdf) are available at Strong Memorial Hospital

**Admission and Discharge Criteria**

[Admission and Discharge Criteria](https://www.urmc.rochester.edu/MediaLibraries/URMCMedia/physical-medicine-rehabilitation/documents/spinal-cord-injury-scope-services.pdf)

**Payer Sources**

[URMC Insurances accepted](https://www.urmc.rochester.edu/patients-families/bill-pay/insurance-information/insurance-carriers.aspx) and if the patient does not have the ability to pay, they can meet with a financial counselor and make payment arrangements. Fees are according to insurance and are discussed prior to services rendered.

**Referral Sources**

Patients can be referred by physicians, case managers, discharge planners and should call 585-275-1544