



Treat Nicotine

Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-276-7223 | Click for [Website](#) or [Facebook](#)

DUAL USE OF E-CIGARETTES AND CANNABIS AMONG YOUNG PEOPLE IN AMERICA: A NEW PUBLIC HEALTH HURDLE?

Recent trends in cannabis companies' marketing practices have particularly concerning implications for youth appeal and use. Most individuals in the United States who use nicotine e-cigarettes ("e-cigarettes") also use cannabis. National data on high school students indicate that in 2018, half of past-30-day e-cigarette users and 70% of frequent e-cigarette users (i.e., those using ≥ 20 of the past 30 days) had vaped cannabis at least once. Dual or poly use can have additive and multiplicative health effects, which can be even more serious for young people who are still developing. Given the large numbers of adolescents and young adults using both e-cigarettes and cannabis, this dual use could have major public health implications that are only beginning to be understood.

[Read the full report HERE!](#)

WEBINARS AND IMPORTANT DATES

"Normalizing Quit-Attempts and Reframing Relapse"

Pre-Recorded/Archived

[WATCH IT HERE](#)

"Supporting Patients with Disabilities in Becoming Tobacco-Free"

Pre-Recorded/Archived

CE Credit Available!

[WATCH IT HERE](#)

"Commissioner's Medical Grand Rounds: Clinician Challenges in Tobacco Treatment: Addressing Behavioral Health Populations and Youth Vaping Trends"

Pre-Recorded

CE Credit Available!

[REGISTER HERE](#)

Wilmot Cancer Institute hiring a tobacco treatment specialist

[LEARN MORE HERE!!](#)

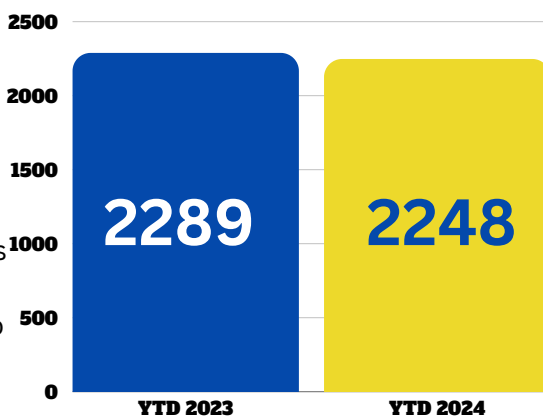
LGBTQIA+ COMMUNITIES MORE LIKELY TO EXPERIENCE BURDENS FROM TOBACCO USE

As we celebrate PRIDE MONTH this June, it may be useful to remember that individuals who identify as LGBTQIA2S+ experience a greater health burden from smoking and vaping compared to the national average.

Plan to speak with your LGBTQIA2S+ clients/patients who use commercial tobacco products about supporting their quit efforts, this month and at every visit.

[LEARN MORE HERE!!](#)

NYS Smokers' Quitline Referrals



Jan 1 to 6/13/2023 vs Jan 1 to 6/13/2024
Provider Referrals to the NYS Quitline (Statewide)

Provider Referrals Increase Quit Success!

www.nysmokefree.com/HealthcareProviders/ReferralPrograms

Free Nicotine Patches/Gum Call: 1-866-697-8487

Visit: nysmokefree.com

NEW ADULT SMOKING BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS) REPORT

The New York Behavioral Risk Factor Surveillance System (BRFSS) is administered by the NYS Department of Health to provide statewide and regional information on behaviors, risk factors, and use of preventive health services related to the leading causes of chronic and infectious diseases, disability, injury, and death.

[The 2022 Adult Smoking data are available NOW.](#)

[LEARN MORE HERE!!](#)