

Keeping Music in Your Life – Safely

UR Medicine Audiology is here for all your hearing needs. Whether you are a performing artist, a music lover, or work in entertainment environments, your hearing health is essential to continuing years of sustained success and enjoyment. From classical to rock musicians, bartenders to live sound engineers, and everything in between, research is clear that these people are at risk for music-induced hearing disorders. With the right knowledge, regular hearing monitoring, and appropriately fit hearing protection, one can effectively lower that risk.



UR Medicine Audiology
2365 South Clinton Avenue
Rochester, NY 14618

60 Greece Center Drive, Suite 3
Rochester, NY 14612

(585) 758-5700
Fax: (585) 758-1297



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AUDIOLOGY

Hearing Health Services

for Musicians, Entertainment Professionals & Music Enthusiasts





Comprehensive Hearing Evaluations & Hearing Monitoring

It is never too late to have a baseline hearing evaluation. Comprehensive testing and patient interviews can help guide recommendations for how best to protect your hearing. Regular evaluations help you know if and how your hearing is changing.

“Musician’s” Earplugs

Foam and non-custom earplugs can be helpful in reducing harmful sound levels, but they may not provide the best sound quality. Musician’s earplugs are intended to keep listening at safe levels for practice, rehearsal, and performance by reducing volume evenly across the pitch range of music. Depending on your listening needs, we will choose a filter that reduces sound by 9, 15, or 25 decibels. For those who work in other roles (audio engineers, lighting crews, wait staff, and more), these same earplugs will help preserve clarity of speech while “turning down” the overall volume.



In-Ear Monitors and Custom Earpieces

When used properly, in-ear monitors allow performers and sound engineers to lower their exposure to stage volume while also allowing more direct sounds from instruments, voices, and other important audio directly from the mixing board. Custom earpieces can also be used for security headsets and other radio communication devices.

Hearing Aids

With well-fit hearing aids, music can still be enjoyable for those with hearing loss. Whether using assistive devices at your favorite theater or listening to music streamed directly to your hearing aids, we can help improve your music enjoyment.

Tinnitus Management Program

Many people at some point in time experience a brief ringing, buzzing or humming sound in their ear(s) or head that is not related to any external sound in their environment. This perception is called tinnitus, and it affects some 10-15% of the US population. Tinnitus is common amongst musicians and entertainment-related professions. Often times it can interfere with concentration, relaxation, and even how someone feels they can hear music.

While there currently is no cure for tinnitus, UR Medicine Audiology is now offering an individualized Tinnitus Management Program (TMP) for those who are experiencing chronic, persistent tinnitus. Our program integrates a variety of rehabilitative approaches designed to provide some relief from tinnitus and to help you develop strategies to best adapt to the symptoms of tinnitus.

