

Blood Glucose Log

Week of:	Breakfast		Lunch		Dinner		Bedtime	
	BG	Insulin	BG	Insulin	BG	Insulin	BG	Insulin
		Dose		Dose		Dose		Dose
Sunday								
Monday								
Tuesday								
Wednesday								
Thursday								
Friday								
Saturday								

Week of:	Breakfast		Lunch		Dinner		Bedtime	
	BG	Insulin	BG	Insulin	BG	Insulin	BG	Insulin
		Dose		Dose		Dose		Dose
Sunday								
Monday								
Tuesday								
Wednesday								
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