**Outpatient Stroke Specialty Program** **Scope of Services**

**Populations Served**

The Stroke Specialty Program accepts all types of strokes, including thrombotic, embolic, hemorrhagic, and subarachnoid hemorrhage. Physical Medicine and Rehabilitation (PMR) accepts patients ages 6 years of age and over, and patients 5 years or younger will be considered on a case-by-case basis. Prior to discharge from acute rehabilitation, patients are referred to the PMR Outpatient Stroke Clinic and scheduled for outpatient occupational and physical therapy if appropriate for services. Patients are evaluated by outpatient physical and occupational therapists to determine appropriateness for therapy, to establish a treatment plan and treatment frequency.  For patients referred from disciplines outside of PMR, patients are contacted by the outpatient scheduling team to establish an appointment for OT and PT evaluation.

**Locations**

PMR Outpatient OT and PT Clinic Outpatient Spinal Cord, Stroke, & Brain injury Clinic.

Building D, Suite 250 and 130 (Pediatric Clinic) Building H, Suite 150

4901 Lac DeVille Blvd 2400 Clinton Ave

Rochester, NY 14618 Rochester, NY 14618

**Hours/Days of Service**

Outpatient PT/OT: Mon-Thu 8:00am-7:00pm, Fri 8:00am-5:00pm

Outpatient Clinic: Mon-Fri 8:00am-4:30pm

**Goals**

Build strength, improve function, and build skills needed to complete daily activities, Improve balance, mobility, and safety awareness, Improve speech, cognition, and swallowing, Prevent future stroke by promoting lifestyle changes to reduce modifiable risk factors and secondary complications, Facilitate community inclusion and participation in life roles and interests, Introduce resources for assistive technology, community support, advocacy, aging with disability, wellness, driving, etc. and Promote healthy coping and adaptation skills.

**Direct Services Offered**

Building D- Physical Therapy, Occupational Therapy, Speech Therapy, Orthotics/Prosthetics,

Building H- Outpatient Spinal Cord, Stroke, & Brain injury Clinic, EMG, Arthritis Management, Psychology, Baclofen Pump Management, Botox Injections and Amputee Management.

**Stroke Scope of Service**

[Stroke Scope of Service](https://www.urmc.rochester.edu/getmedia/7c8c628f-5f7b-4e7b-9f4b-65848845794f/full-stroke-scope-services.pdf)

**Payer Sources**

[URMC Insurances accepted](https://www.urmc.rochester.edu/patients-families/bill-pay/insurance-information/insurance-carriers.aspx) and if the patient does not have the ability to pay, they can meet with a financial counselor and make payment arrangements. Fees are according to insurance and are discussed prior to services rendered.

**Referral Sources**

Patients can be referred by physicians, case managers, discharge planners and should call

Outpatient Physical Therapy & Occupational Therapy services: 585-341-9200

Outpatient Spinal Cord, Stroke, & Brain injury Clinic: 585-275-5321